

## COMPREHENSIVE SEX-ED COMPLIANT CURRICULUM SAMPLE

(Excerpts from *Horizons*, provided by the IL State Senate Education Committee in March, 2011, as an example of compliant “age-appropriate” “complete” curricula. This vulgar material is written for African-American youth.)

**Activity E: What Turns You On?** “I want you all to **think about the things that turn you on**... Have the participants complete Handout 2-2: “What Turns You On???” If the participants are having a hard time thinking of something that turns them on-some, here are some probes you can use are: **Body rubbing, kissing earlobes, erotic movies, masturbation, neckin’, slow music, French kissing**...Despite what you might think, **you really can still do all the things you listed that turn you on** as long as you are clear about setting boundaries with your partner prior to having sex.

**Activity I: OPRaH** ...**when your man is doing something that turns you on**-you’re prepared with your condom knowledge to **whip out the condom** and be able to use it correctly...

- ...pass out the different types of condoms, flavored lubricants. Describe what you are passing out to them so that they know what they are getting-**REMEMBER to make it fun**. Do not put penis models out yet. Remember to explain the use of lubricants and **how they can stimulate their boyfriends** (i.e. by putting a little in the tip of the condom **to give him pleasure**). You can open a few lubricants and **pass around for the participants to taste**-remember some of them might not have ever used lubricants or may not know that they come in flavors. ...do the condom Vaseline demonstration...
- We’ve created **a fun way to remember** the steps of using a condom-it’s called **OPRaH**. OPRaH consists of 4 simple steps- Open, Pinch, Roll, and Hold! I’ll start off first to show you how simple it is to use OPRaH and then we’ll have you practice.
- ...**begin passing out penis models**... Allow participants a few moments to **handle the penis models** and get over the giggles. After they have settled down, have the participants pair up and do OPRaH with each other. Remember to reiterate to the participants that it might be hard to practice with the models, but that **it will be easier putting a condom on their boyfriends**.

**Activity C: Music Masquerade:** We will play a portion of the song and once we stop the team captain must ring the bell/buzzer and someone from the team must state the next few lines.

- **50 Cent: “In Da Club”**  
When I pull out up front, you see the Benz on dubs, When I roll 20 deep, it’s 20 knives in the club, **Niggas heard I fuck with Dre**, now they wanna show me love...  
(Guess Next Line): When you sell like Eminem, **and the hoes they wanna fuck**
- **Lil’ Jon& The East Side Boyz: “Get Low”**  
She getting crunk in the club I mine she work, Then I like to see the female twerking **taking the clothes off BUCKEY naked**, ATL, **Hoe don’t disrespect it, Pa pop yo pussy** like this cause yin yang **twins in this bitch**, Lil Jon and the East side boys wit me and **we all like to see Ass and tities**... (Guess the next lines): Now **bring yo ass over here hoe and let me see you get low if you want this Thug. Now take it to the floor (to the floorA) and if yo ass wanta act you can keep yo ass where you at.**

### Scenarios:

- **Scenario #3- Andre:** You have a big date planned for tonight with Tonya and you are very excited about it because **you know that it will involve sex.**
- **Scenario #4- Andre:** ...**you’ve been feeling horny** and you really don’t think you can continue to hold out on sex for much longer.